

# The Prophetic Pharmacy

*(As-Saidaleeyah an-Nabaweeyah)*

## Part One

*The Messenger of Allah (peace and blessings of Allah be upon him) said:*

**'Whoever eats 7 Ajwah dates every morning will not be harmed by poison or magic during that day.'**

[Saheeh Al-Bukhaaree 7/446, no. 664] [Ajwah is a special date found in al-Madeenah]

**'as-Sawaak (tooth-stick, from the Arak tree) is a means of purifying the mouth and (attaining) the pleasure of ar-Rabb (Allah).'**

[Reported by Ahmad, an-Nasaa'ee, Ibn Khuzaimah and Ibn Hibbaan. Al-Albaanee declared it to be Saheeh (authentic) in *Irwaa' al-Ghaleel*, 1/105, no. 66]

**'Consume olive oil and anoint (your body) with it. Indeed, it is from a blessed tree.'**

[Sunan At-Tirmidhee; al-Albaanee declared it to be – in *As-Saheehah* 1/654, no. 379 - at least *Hasan li-ghairi-hi* (acceptable due to supporting narrations)]

**'Al-Kama'ah (a type of vegetable: Truffle, Mushroom) is like al-Manna [since it is obtained without any effort] and the juice from it is a healing for the eye.'** [Saheeh Al-Bukhaaree 6/ no. 5, Saheeh Muslim]

[al-Manna is the food (honeydew) which Allah sent down from heaven for the Children of Israel when they were roaming in the desert. 2:57; 7:160; 20:80]

**'Cover the containers (of food) and put a cap on as-Siqaa' (the water bag). Indeed, there is a night - in every year - in which an epidemic will spread. It will not pass by any container which is uncovered or any water bag which is un-capped, except that something of that epidemic will enter it.'** [Saheeh Muslim]

**'The Prophet prohibited drinking (directly) from the mouth of as-Siqaa' (the water bag) [which will be used by others].'** [Saheeh Al-Bukhaaree]

**'It is incumbent upon you to use this Habbah Sawdaa' (Black Seed). Indeed, it contains the cure for every disease, except as-Saam...and as-Saam is death.'**

[Sunan At-Tirmidhee; see: al-Bukhaaree 7/400, 591,592; as-Saheehah, 4/432, 1819]

**'The water of ZamZam (found at the Ka'bah in Makkah) is (useful) for whatever (purpose, intention) it is drunk for.'**

[Ahmad, Ibn Maajah. Al-Albaanee declared it to be Saheeh (authentic) in *Irwaa' al-Ghaleel*, 4/320, no. 1123]

[Translation: Abu Muhammad A.R. Shakir, Doha, Qatar, 5/31/04]